

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

5:30-6:30 AM

Adult All Levels (Gi)

Adult All Levels (Gi)

9:00-9:45 AM

Kids All Levels (4+ yrs)

10:00-11:00 AM

Adult All Levels (Gi)

11:00-12:00 PM

Adult All Levels (Gi)

Adult No Gi

Adult Skill Development

5:00-5:45 PM

Mighty-Mite (3-6 yrs)

Mighty-Mite (3-6 yrs)

6:00-7:00 PM

Pee-Wee (7-10 yrs)

Junior (11-13 yrs)

Pee-Wee (7-9 yrs)

Junior (11-13 yrs)

7:00-8:00 PM

Adult Fundamentals GI

Adult Advanced GI

Adult Fundamentals GI

Adult No Gi

